Organizer: Connect for Freedom

Age/Grade Level: Ages 14–15 (9th Grade)

Lesson Title: How to Protect Yourself & Your Friends

Instructional Time Required: One Session

Lesson Objectives: Youth should be able to:

- Define online enticement.
- Define sextortion.
- Identify various privacy suggestions for digital devices.
- Understand how to take action if they see something inappropriate online.
- Understand the importance of speaking up and protecting their friends if they notice red flags in their relationship.

Lesson Overview:

This lesson starts by differentiating between online enticement and sextortion, two forms of online sexual exploitation. Participants will learn about the statistics of online enticement and understand how common this crime is. Participants will watch a video called "It's Called Sextortion" created by the National Center for Missing & Exploited Children, which details a story about a boy texting a girl he met online, with whom he also has mutual friends with, but then later he finds out one of his teammates recently got sextorted by her. Participants will learn about privacy suggestions when it comes to digital devices and how to take action if they see something inappropriate online. Participants will watch a video called "Friends Can Help Stop Sexual Abuse" created by Fight Child Abuse. This video highlights how friends can notice the red flags that we cannot and the importance of speaking up to protect those closest to us.

Key Terms in Lesson:

Online enticement- an individual communicates with a minor online with the intent to commit a sexual offense or abduction.

National Center for Missing & Exploited Children. "*Online Enticement.*" MissingKids.org, https://www.missingkids.org/netsmartz/topics/onlineenticement
National Center for Missing & Exploited Children. "*Home.*" MissingKids.org. https://www.missingkids.org/netsmartz/home
Connect for Freedom & Kent Place. "*Workshop.*" 2023. Summit, NJ.

© 2026 Connect For Freedom, Inc.

Sextortion- a form of child sexual exploitation. It is when a minor is threatened or blackmailed with their nude image with demands for additional images, sexual activity, or money from a minor.

Lesson Enrichment Activity: Protecting Yourself Online Kahoot!

Lesson Handout: *NCMEC* Social Media Safety for Teens

Youth Assessment Recommendations:

- Describe the difference between online enticement and sextortion.
- Do you think online exploitation is common now with the rise of social media?
- List five privacy suggestions to protect yourself online from exploiters/traffickers.
- Describe how you would take action if you saw something inappropriate online.
- What would you do if you noticed red flags in your friend's relationship?

Important Notice: Connect for Freedom has compiled information and materials from the Department of Homeland Security's Blue Campaign, Polaris Project, Thorn, National Center for Missing & Exploited Children, and other reputable organizations.

National Center for Missing & Exploited Children. "*Online Enticement.*" MissingKids.org, https://www.missingkids.org/netsmartz/topics/onlineenticement
National Center for Missing & Exploited Children. "*Home*." MissingKids.org. https://www.missingkids.org/netsmartz/home
Connect for Freedom & Kent Place. "*Workshop*." 2023. Summit, NJ.

© 2026 Connect For Freedom, Inc.